



HABIT #1: SCRIPTURE
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"Habits are small decisions you make and actions you perform every day."
– James Clear

"Your life is the sum of your habits." – James Clear

When it comes to our faith, we are either controlled by the _____ or the _____.

Dear brothers and sisters, when I was with you I couldn't talk to you as I would to **spiritual people**. I had to talk as though you belonged to this **world** or as though you were **infants** in Christ. I had to feed you with **milk**, not with **solid food**, because you weren't ready for anything stronger. And you still aren't ready, for you are still **controlled** by your **sinful nature**. You are jealous of one another and quarrel with each other. Doesn't that prove you are **controlled** by your **sinful nature**? Aren't you living like people of the world?
1 Corinthians 3:1-3

So I say, let the **Holy Spirit** guide your lives. Then you won't be doing what your **sinful nature** craves. *Galatians 5:16*

But the **Holy Spirit** produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. *Galatians 5:22-23*

A spiritual person is one who _____ demonstrates the character of _____.

We become Spirit-led through _____.

"Students are not greater than their teacher. But the student who is fully **trained** will become like the teacher." *Luke 6:40*

"Physical **training** is good, but **training** for godliness is much better, promising benefits in this life and in the life to come." *1 Timothy 4:8*

It takes _____ to become godly.

Growing in your faith is not opposed to effort; it's opposed to _____.

Work hard to show the results of your salvation, obeying God with deep reverence and fear. *Philippians 2:12*

Habit #1: Engaging _____

All Scripture is **breathed out by God** and profitable for teaching, for reproof, for correction, and for **training** in righteousness...
2 Timothy 3:16

Don't copy the behavior and customs of this world, but let God **transform** you into a new person by **changing the way you think**. Then you will learn to know God's will for you, which is good and pleasing and perfect. *Romans 12:2*

Changed _____ equals a changed _____.

...throw off your old sinful nature and your former way of life, which is corrupted by lust and deception. Instead, let the Spirit **renew your thoughts** and attitudes. *Ephesians 4:22-23*

"For lust is a shameful sin, a crime that should be punished. It is a fire that burns all the way to hell. It would wipe out everything I own."
Job 31:11-12

Treat older women as you would your **mother**, and treat younger women with all purity as you would your own **sisters**. *1 Timothy 5:2*

Psalm 23 ESV



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spirit, sinful nature
consistently, Jesus
habit
intense effort
earning
Scripture
thinking, life